



*The Grace Kennedy School Presents*



***Saturday 25th June 2022***

Parrswood High School

Didsbury, Manchester, M20 5PG

**Adjudicators:**

Adrian Kelly, Southern Region, UK

Barbara Slater, NE Region, UK

Colette McAllister, Leinster, Eire

Denise Elebert, Leinster, Eire

Helena McCarron, Midlands Region, UK

Kevin McCarron, Midlands Region, UK

Regina Burke, NW Region, UK

Sonia McLaughlin, NW Region, UK

Tara Dey, Midlands Region, UK

**Musicians:**

Ann Murray, Merseyside

Gerry Conlon, Glasgow

Martin Daly, Glasgow



Syllabus Approved by



NWRC Feis Secretary



*Dear Teachers, Parents, Guardians and Dancers,*

We are delighted to welcome you all to our inaugural open feis, **"FEIS CHESHIRE"**

We will be keeping everyone updated in the run up to the event and on the day via our 'Feis Cheshire' Facebook page so please follow this account in advance.

Hosting the event one month prior to the British Nationals 2022 is an excellent practice opportunity for both solo and team competitors. We have secured an esteemed panel of adjudicators from across the UK and Ireland, accompanied by our fabulous musicians, Ann, Martin and Gerry.

### **Venue**

Our venue is in a great location easily accessible from Manchester airport and the train, tram and motorway networks. The venue offers state of the art facilities and boasts a championship auditorium with tiered seating, set hall, grades hall, and separate presentation area.

### **Catering**

Catering will be provided by the venue who will have an offering of hot and cold meals. We will also be providing a tuck shop in the grades and canteen areas throughout the day.

### **Competitions & Awards**

U6-U9 Championships will be judged by a panel of 3 adjudicators.

U10 upwards will be judged by a panel of 3 adjudicators for the first two rounds, and a separate panel of adjudicators for Round 3.

The top 5 in both the Open and Preliminary competitions will receive awards and sashes, and the winner of each championship will receive a beautiful perpetual cup.

In all championships solo results will be given for the first two rounds. We hope to be able to offer 100% recall depending on entries and time. We will update you on this once entries have been received.

In the Grade competitions all dances will be trophy dances. The top 3 in each dance will receive a trophy and the winner will also receive a sash. We will be running all grade competitions using the **32-bar system**.

### **Feis Cheshire Mini's**

We are thrilled to offer an ungraded competition for any dancer U6 who hasn't yet competed in a graded competition. All the dancers will line up on the main stage and perform 16 bars one at a time. Each dancer will receive a special prize for their performance. We look forward to celebrating our Feis Cheshire Mini's!

***We look forward to welcoming you to Feis Cheshire and wish you a safe journey and the very best of luck!***

**Grace Kennedy TCRG, Katie Gibbons TCRG, Amanda O'Sullivan TCRG**

For enquiries please email: [info@gracekennedyschool.co.uk](mailto:info@gracekennedyschool.co.uk) (Teachers only)

## GRADE TROPHY COMPETITIONS

	REEL	HOP JIG	LIGHT JIG	SLIP JIG	HEAVY JIG	HORNPIPE	TRAD SET
<b>UNDER 6</b>	N, P	N, P	N, P	N, P			
<b>UNDER 7</b>	N, P, I	N, P, I	N, P, I	N, P, I			
<b>UNDER 8</b>	N, P, I	N, P, I	N, P, I	N, P, I	P, I	P, I	
<b>UNDER 9</b>	N, P, I	N, P, I	N, P, I	N, P, I	P, I	P, I	I
<b>UNDER 10</b>	N, P, I	N, P, I	N, P, I	N, P, I	P, I	P, I	
<b>UNDER 11</b>	N, P, I	N, P, I	N, P, I	N, P, I	P, I	P, I	
<b>UNDER 12</b>	I	I	I	I	I	I	
<b>UNDER 13</b>	P, I	P, I	P, I	P, I	P, I	P, I	
<b>13 &amp; OVER</b>	P	P	P	P	P	P	
<b>UNDER 14</b>	I	I	I	I	I	I	
<b>14 &amp; OVER</b>	I	I	I	I	I	I	

## FEIS CHESHIRE MINI'S

**16 BARS REEL**

## CEILI COMPETITIONS

2, 3, 4, 6, 8 hand ceili dances (from An Rince Foirne). Figure Dance (teachers own invention).

## PRELIMINARY CHAMPIONSHIPS

	ROUND 1	ROUND 2	RECALL
<b>U10, U11, U12, U13, U14, U15</b>	REEL OR SLIP JIG	HEAVY JIG OR HORNPIPE	OPEN SET
<b>15 &amp; OVER</b>	REEL OR SLIP JIG	HEAVY JIG OR HORNPIPE	OPEN SET

## OPEN MIXED CHAMPIONSHIPS

	ROUND 1	ROUND 2	RECALL
<b>U6, U7</b>	REEL	HOP JIG	LIGHT JIG
<b>U8, U9</b>	REEL	HEAVY JIG	TRAD SET
<b>U10, U11, U12, U13, U14, U15, U16, U17, U19, U21, SENIOR</b>	REEL OR SLIP JIG	HEAVY JIG OR HORNPIPE	OPEN SET

## ENTRY FEES - CLOSING DATE MONDAY 6<sup>TH</sup> JUNE 2022

FEIS CHESHIRE MINI'S	£5.00	GRADE TROPHY SOLO'S	£5.00
U6 & U7 CHAMPIONSHIP (INCL 2 SOLO RESULTS)	£30.00	CEILI & FIGURE (PER DANCER)	£3.00
U8- SENIOR OPEN CHAMPIONSHIP (INCL 2 SOLO RESULTS)	£40.00	U10-O15 PRELIM CHAMPIONSHIP (INCL 2 SOLO RESULTS)	£40.00
DANCER MAX (GRADES & PRELIM)	£60.00	FAMILY FEE (2 OR MORE CHILDREN)	£75.00

### ENTRIES TO BE EMAILED TO [INFO@GRACEKENNEDYSCHOOL.CO.UK](mailto:INFO@GRACEKENNEDYSCHOOL.CO.UK)

Bank details and reference number will be provided on receipt of entry, payment to be sent within 24 hours. Entry confirmed once payment received.

Entries after the closing date will incur a £5 administration fee per dancer and must be emailed to us in advance of the Feis.

## ***Additional Information***

### ***Grade Competitions - 32 Bar System***

ALL dancers will be lined up at the back of the stage.

The adjudicator will take down the numbers of all the competitors.

The first two dancers will walk to the starting position and get ready to dance.

After the 8-bar introduction they will begin their dance for 32 bars.

After 32 bars they bow and return to their original place in the line at the back of the stage, whilst the next 2 dancers have 8 bars to prepare for their performance.

Note: There **will** be a gap of 8 bars in between each set of 2 dancers.

The content of the 32-bar performance is at the discretion of each teacher.

There will be stage stewards on each stage counting the next 2 dancers in.

### ***Feis Cheshire Mini's***

This will be run similar to the above but with each child dancing 16 bars.

TCRG's are welcome on stage to assist their dancers.

### ***Results***

All Championships results will be tabulated by Lennie Connell and will be awarded in the presentation room.

All grade results will take place in the Grade Hall.

### ***Entries***

We would appreciate 1 entry and payment per school.

Entry form to be completed in excel and emailed to

[info@gracekennedyschool.co.uk](mailto:info@gracekennedyschool.co.uk) by Monday 6<sup>th</sup> June 2022.

### ***Vendors***

Redmond Rose will be in attendance offering Wig products.

### ***Directions***

Directions to the feis can be found at

<https://goo.gl/maps/P4ERNSDQsMPwv4Ng9>

### ***Transport***

Taxi Service: Street Cars 0161 228 7878 (Mobile App available also)

Nearest Airport: Manchester Airport - 15 min drive

Nearest Train Stations:

- East Didsbury Train Station – 8 min walk
- Stockport Train Station 12 min drive
- Manchester Piccadilly Train Station - 19 min drive

Nearest Tram/Metrolink station:

- East Didsbury – 8 min walk

### ***Accommodation***

- Travelodge Manchester Didsbury - Parrs Wood Entertainment Centre, Wilmslow Road, East Didsbury, Manchester M20 5PG
- Waterside Hotel Didsbury - Morningside Drive, Manchester M20 5WZ
- Premier Inn West Didsbury - Christie Fields Business Park, Derwent Ave, Manchester M21 7QS

# Standard Rules for North West Feiseanna

As of March 2022

## ENTRY REQUIREMENTS

1. Ages to be taken from 1st January 2022
2. Entries will only be accepted from schools currently registered with An Coimisiun.
3. Lodgement of entries at a Feis implies that you accept the rules relating to the Feis in their entirety as laid down by the NWRC and An Coimisiun, and that you accept that the Results of the Feis will be published on the NWRC website.

## ADJUDICATORS & MUSICIANS

4. The Adjudicators decisions are final. The Adjudicators should not be approached by any persons other than the Feis Committee.
5. Pupils of an Adjudicator employed at a particular feis may not take part in the Feis even if the adjudicator is judging alternative age groups.
6. Any Adjudicator from outside the NW Region cannot judge an Open Feis in the North West Region within 6 months of their last adjudication in the region. Any Adjudicator from the North West Region cannot judge an Open Feis in the North West Region within 3 months of their last adjudication in the region.
7. An Adjudicator from outside the North West Region may not adjudicate a Class Feis in the North West Region in the 6 months leading up to adjudicating an Open Feis in the Region.
8. All musicians should be competent and abide by the prescribed An Coimisiun metronomic speeds below.

### **Novice**

Reel 122-124   Light jig 116   Single jig 124   Slip Jig 124   Heavy  
Jig 96   Hornpipe 144

### **Primary**

Reel 116-118   Light jig 116   Single jig 124   Slip Jig 120   Heavy Jig  
76   Hornpipe 118

### **Intermediate/Open**

Reel 113   Slip Jig 113   Heavy Jig 73   Hornpipe 113

### **Traditional Set Dances**

Blackbird 144   St. Patrick's Day 94   Job of Journeywork 138   Garden of Daisies  
138   King of Fairies 130  
Three Sea Captains 96   Jockey to the Fair 90

## NOVICE AND PRIMARY GRADE

9. There will be a minimum of 2 Novice Dances up to and including Under 11. Only the most basic Steps may be performed in this grade. Children entering the Novice cannot enter the Primary for the same dances.
10. All Novice, Primary, Intermediate, Preliminary and Open Competitions are open to all Regions.
11. Any competitions in Novice and Primary, in which there are 5 or fewer dancers shall not count for grading purposes. However a Dancer may only win 3 such competitions and they then must move up to the next grade. If there are 6-10 dancers in any Novice or Primary competition, then just the 1st placed dancer must move up to the next grade. If there are 11-20 dancers, 1st and 2nd placed dancers must move up to the next grade. If there are 21 or more dancers then 1st, 2nd and 3rd placed dancers must move up to the next grade.
12. There will be no restriction on the step content performed in the Primary grade.
13. A Novice Dancer is a dancer who has not gained a place that requires them to move up in a Novice or higher Grade competition.

14. A Primary Dancer is a dancer who has not gained a place that requires them to move up in a Primary or higher Grade competition.
15. Novice/Primary Trophy Competitions are confined to dancers who have never won a Novice/Primary Trophy. Any Light Dance can be performed for the Trophy but it must have been danced in the Novice/Primary section on the day of the Feis.
16. A winner of a Novice/Primary Trophy Competition must move up to the next grade for both the Dance they performed to win the Trophy and the Trophy competition itself.
17. Only skirts and tops or a simple current class costume may be worn in the Novice and Primary Grades.
18. In the event of there being no provision for a particular age group, a dancer may dance up an age group, however on attaining first place in any dance, that dancer must remain in the higher grade for that dance for the remainder of the year.
19. At any one Feis, a Novice or Primary dancer may only dance each Solo Dance, the Light Trophy and the Heavy Trophy in ONE GRADE only.

#### **INTERMEDIATE GRADE**

21. An Intermediate Dancer is one who has never won a first place in that particular dance in their present age group.
22. Intermediate Trophy competitions are confined to dancers who have never won an Intermediate Trophy in their present age group. Any Light Dance can be performed for the Trophy but it must have been danced in the Intermediate section on the day of the Feis.
23. A winner of an Intermediate Trophy Competition must move up to the next grade for both the Dance they performed to win the Trophy and the Trophy competition itself.
24. At any one Feis, an Intermediate dancer may only dance each Solo Dance, the Light Trophy and the Heavy Trophy, in ONE GRADE only, with the exception of intermediate dancers wishing to enter the Preliminary or Open Trophy/Championship.
25. In the event of there being no provision for a particular age group, then a dancer may dance up an age group, however on attaining first place in any dance, that dancer must remain in the higher grade for that dance for the remainder of the year.
26. If there are 6 or more dancers in any Intermediate Competition, then the 1st placed dancer must move up to the next grade, Any competition in which there are 5 or fewer dancers shall not count for grading purposes. However, a Dancer may only win 3 such competitions and they then must move up to the next grade.

#### **PRELIMINARY CHAMPIONSHIPS**

27. A minimum number of three Adjudicators must officiate.
28. The first age group for a Preliminary Championship is Under 10.
29. Where a Preliminary Championship is held separate from an Open Championship, three rounds should be offered, namely; Reel or Slip Jig, Heavy Jig or Hornpipe and any Set Dance.
30. Where a Preliminary Championship is combined with an Open Championship, then the result should be taken from eligible dancers' ranking after the first two rounds.
31. Where there are separate Preliminary and Open Championships, dancers can compete in both at the discretion of the Feis organiser.
32. Where a competitor wins two Preliminary Championships they must dance in Open Championship for a period of 12 months thereafter.
33. For grading purposes, two wins will be taken as being in any two year rolling period. Where a dancer does not win a second Preliminary within two years of winning their first Preliminary Championship, then the first win will be deemed as having expired and the dancer starts afresh.
34. Where there are less than 6 in a Preliminary Championship that win will not normally be considered for grading purposes. However, where a dancer wins three Preliminary Championships regardless of the number of competitors in each competition, that dancer must dance in Open Championship for a period of 12 months thereafter.
35. Dances performed in a Preliminary Championships do not count for grading in solo competitions.

Due to Covid-19 restrictions, and until further notice, please also note the following:

36. All dancers\*, who are included on the official confirmed list of qualifiers for Oireachtas Rince na Cruinne 2022, are not eligible to compete in Preliminary Championships until further notice. \*This excludes dancers that auto qualified at their Regional or National Oireachtas due to lack of numbers.

36. Dancers placing 1st-3rd in an Open Championship with up to 20 competitors or 1st-5th in an Open Championship with more than 20 Competitors cannot compete in a Preliminary Championship for a period of 12 month.

#### **OPEN GRADE**

38. In all age groups any dancer who has previously won an Open Championship before a panel of at least three adjudicators does NOT have to dance Open if they are eligible for a lower grade.

39. In all age groups, (with the exception of under 6 and under 7), where solos and Championships are run separately, competitors must have performed 1 light dance and 2 heavy dances to be eligible for the Premier Trophy/Championship. This does not apply where solos are combined in with the Championship.

40. The wording 'Championship' will only be used where there is a panel of at least 3 adjudicators.

#### **ALL GRADES**

41. No block, en pointe, stationary or moving, will be allowed to be performed by any dancers up to and including the Under 11 Age Group. The Under 12 age group is also governed by this rule up until 1st September each year after which they are permitted to perform the movement.

42. Dancers must dance in their own age group for solo competitions if that age group is provided for.

43. Any competitor found to be using artificial carriage aids and subsequently refuses to remove them will be subject to disqualification from that particular competition.

Medically prescribed apparatus, proof of which may be required, will be exempt from this.

#### **FIGURE DANCING**

44. Figure teams may contain up to 50% from a lower age group.

#### **GENERAL FEIS RULES**

45. Make up (including false eyelashes and tanner on the face) will not be permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group, and any dancer in the first two grades (Novice and Primary) up to and including the Under 12 age group worldwide. This rule refers to the age group of the competition, not the actual age of the dancer. Leg tan is NOT part of this rule.

46. Any protest against breach of rules must be made in writing, within 1 hour of the conclusion of the relevant competition and accompanied by a fee of £10.00, which will be refunded should the objection be upheld.

47. Medals will be awarded in accordance with the minimum requirements as laid down by the NWRC:

- 1 medal where there is 3 competitors
- 2 medals where there are 5 competitors
- 3 medals where there are 7 competitors
- 4 medals where there are 10 competitors and
- 1 medal for each additional 10 or part of 10 competitors.

48. The Feis Organiser reserves the right to cancel any competition should there be insufficient entries.

49. In the interest of Health, hairspray and any other aerosols must not be used in any of the dancing areas.

50. In accordance with the ruling laid down by An Coimisiun and in the interest of safety,

dancers are asked to be suitably dressed at all times and should not undress in the competition halls.

51. Mobile phones and electronic games must be switched off in all of the dancing areas.

52. Abusive language and offensive behaviour will not be tolerated. Any person acting in such a way will be asked to leave the Feis.

53. Feis Organisers will, as far as is practicable, provide a stage surface suitable for dancing. However, the Feis Organisers cannot accept liability for injuries sustained whilst on the dancing areas. The lodgement of an entry will be deemed to be an acceptance of this provision by a dancer.

54. If parents have any constructive comments to make about any aspect of Feiseanna, these would be welcomed by the council and should be put in writing. It should be noted that anonymous correspondence cannot be dealt with.

55. Any Form of unauthorised photography which has the capability to capture a dancer's image whilst in motion, using electronic or manual means, e.g. mobile phone, standard camera, video camcorder, cine recorder, commercial film, with or without flash enhancement, is expressly forbidden in competition.

## Provisional Timetable

Please note competitors must be ready to dance 30 minutes before their scheduled time as competitions may start early.

The below provisional timetable is subject to change once entries are received.

The final timetable will be released 1 week before the competition.

	Main Auditorium		Sports Hall				Studio	
			Stage A	Stage B	Stage C			
08:30	U10 & U11 Championship & Prelim 2 Rounds	08:30	U6 / U7 Novice	U8 Novice	U9 Novice	08:30	U8 & U9 Champ 3 Rounds	
08:45		08:45				08:45		
09:00		09:00				09:00		
09:15		09:15				09:15		
09:30		09:30				09:30		
09:45	U12 & U13 Championship & Prelim 2 rounds	09:45	U6 / U7 Primary	U8 Primary	U9 Primary	09:45	U10 Championship Sets	
10:00		10:00				10:00	10:00	
10:15		10:15				10:15	10:15	U11 Championship Sets
10:30		10:30				10:30	10:30	Over 15 Prelim
10:45		10:45				10:45	10:45	
11:00	Feis Cheshire Mini's	11:00	U7 Intermediate	U8 Intermediate	U9 Intermediate	11:00	Over 15 Prelim	
11:15		11:15				11:15	11:15	
11:30		11:30				11:30	11:30	U12 Championship Sets
11:45		11:45				11:45	11:45	U13 Championship Sets
12:00		12:00				12:00	12:00	
12:15	12:15	12:15	12:15	12:15				
12:30	BREAK	12:30	BREAK			12:30	BREAK	
12:45		12:45				12:45		
13:00	U14 & U15 Championship & Prelim 2 rounds	13:00	U10 Intermediate	U11 Intermediate	U12/13 Intermediate	13:00	U6 & U7 Championship 3 rounds	
13:15		13:15				13:15		13:15
13:30		13:30				13:30		13:30
13:45		13:45				13:45		13:45
14:00		14:00				14:00		14:00
14:15	U16 & U17 Championship 2 rounds	14:15	U10 Primary	U11 Primary	U13/ 13 & Over Primary	14:15	U15 Championship Sets	
14:30		14:30				14:30		14:30
14:45		14:45				14:45		14:45
15:00		15:00				15:00		15:00
15:15		15:15				15:15		15:15
15:30	U19 & U21 & Senior Championship 2 Rounds	15:30	U10 Novice	U11 Novice	Ceili Competitions	15:30	U16 Championship Sets	
15:45		15:45				15:45	15:45	
16:00		16:00				16:00	16:00	U17 Championship Sets
16:15		16:15				16:15	16:15	U19 Championship Sets
16:30		16:30				16:30	16:30	
16:45	U21 Championship Sets	16:45	U14 Intermediate	14 & Over Intermediate		16:45	Senior Championship Sets	
17:00		17:00				17:00		17:00
17:15		17:15				17:15		17:15
17:30		17:30				17:30		