

Feile Rinci na Nollais



Non Costume Feis

**Maryhill Community Halls
Maryhill Road
Glasgow**

**Saturday 1st
&
Sunday 2nd December 2018**

Registered with An Coimisiun le Rinci Gaelacha

Adjudicators

Ann Johnston Sullivan	ADCRG	New York
Angela McDonagh	ADCRG	Galway
Cecily Charlton Brennan	ADCRG	London

Musicians

Gerry Conlon	Glasgow
Liam O'Sullivan	Newcastle

Feis Secretary

Mr Owen McAuley ADCRG
348 Montford Avenue
Glasgow
G73 2EE

Tel: 0141 647 2671
MOB: 07899044624

Fees

Solo Dancing	£ 4.00
Premier Trophy Dance	£ 5.00
Family Maximum	£60.00
Admission	£5.00

Official entry forms must reach the Feis Secretary by:

Monday 12th November 2018

Cheques made payable to:

“Feile Rince na Nollaig”

Age to be taken as at 1st January 2018

Feis Rules

1. Entries will only be accepted from teachers registered with AN COIMISIUN.
2. All entries must be made on the enclosed official entry forms, which must be fully completed and signed by the teacher. Entries will only be accepted from teacher's en-bloc and not on an individual basis. The dancer's FULL FIRST and SURNAME must be entered in BLOCK CAPITALS.
3. The Feis Committee may notify or cancel any arrangements detailed in this syllabus as is deemed necessary, subject to the approval of The SRC or An Coimisiun.
4. The Adjudicator's decisions are final.
5. Complaints must be submitted in writing with a £25 fee to the Feis Secretary within an hour of the incident. The fee will be returned if the complaint is upheld.
6. Competitors must be present when their competition is called and fully obey all directions from the Feis Stewards and Hall Keeper, or they may lose their right to dance.
7. Competitors must dance in strict numerical order and be in costume ready to dance no less than 30 minutes before the times scheduled for their competitions.
8. Competitors must use the designated areas to practice and must not practice in the competition halls, corridors, side stage etc. This rule will be strictly enforced. Any dancer found causing damage to floor surfaces out with the areas designated as official practice areas with be held personally liable for any necessary repairs and associated costs.
9. Tempos for Intermediate and Open competitions and Open Championships will be the same as those stipulated for the World Championships. Beginner and Primary competitions are open to competitors from all regions. Speeds will be in accordance with those stipulated by the Scottish Regional Council.
All agreed speeds are outlined below

	Reel	Single Jig	Light Jig	Slip Jig	Heavy Jig	Hornpipe
Beginner	122	124	116	122	76	128
Primary	120	124	116	118	76	120
Intermediate	113	124	116	113	73	113
Open	113	124	116	113	73	113

10. Beginners are only permitted to dance steps equivalent to the basic reel, single jig, light jig, slip jig, heavy jig and hornpipe. Any competitors performing steps of a harder degree of difficulty in the beginner's grade may be disqualified from that particular competition.
11. Make-up Rules (4.5 in CLRG Rule Book)
 - 4.5.1 Make-up will not be permitted for any dancer in the first two grades (Beginner and Primary) up to and including the Under 12 age group worldwide.
 - 4.5.2 Make-up (including false eyelashes) is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group.

(POINT OF CLARIFICATION) For the purposes of this rule the term "make up" includes tinted moisturiser and any artificial tanning products. An Coimisiún hopes that teachers and parents will interpret and apply this rule in the spirit in which it is intended. Effective March 1st, 2014.

12. **No Coaching whilst dancers are on stage during any competition no matter what grade. This rule has specifically been laid down by The SRC. Failure to comply with this could result in disqualification of the dancer.**
13. Beginner – A dancer winning 1st or 2nd in beginner grade, when there are 6 or more competitors, must dance that particular dance in primary grade (or above) for a period of at least 12 months.
14. Primary – A dancer winning 1st in primary grade, when there are 6 or more competitors, must dance that particular dance in intermediate grade (or above) for a period of at least 12 months.
15. Intermediate – A dancer winning 1st in intermediate grade, when there are 6 or more competitors, must dance that particular dance in open grade for a period of at least 12 months.
16. Open – A dancer winning 1st, 2nd or 3rd in open grade must dance that particular dance in open grade for a period of at least 12 months.
17. All dancers must be in full costume and appropriate black footwear when receiving awards, otherwise such awards may be forfeited.
18. Dancers in Beginner and Primary competitions up to and including the Under 12 age group may only wear class costume, skirt and blouse or appropriate civilian clothing. Low cut tops or short tight skirts are not permitted. Failure to comply with this rule may lead to disqualification from the competition.
19. The use of make-up is prohibited for those dancers up to and including the Under 12 age group when competing in Beginner and Primary competitions.
20. Toe blocks or any other footwork danced 'en Pointe', whether stationary or moving is not permitted for those dancers up to and including the Under 11 age group.
21. Changing facilities will be provided and must be used. No changing in the halls will be allowed. The use of hairspray will only be permitted in designated changing areas. **No hairspray is to be used in competition halls or corridors.**
22. The dress code in accordance with An Coimisiun rules will be strictly observed. i.e. for the sake of modesty and in the interest of safety to young people, dancers will not be permitted to walk around the Feis scantily dressed.
23. Female adult dancers participating in competitions (both solo and team) are required to wear opaque black tights of a denier not less than 70.
24. Any form of unauthorised photography which has the capacity to capture a dancer's image in motion, using electrical or manual means, e.g. mobile phone, standard camera, video camera, cine recorder, commercial film, with or without flash enhancement, is strictly forbidden in competition by anyone except the official feis photographer.
The official feis photographer has been vetted in accordance with An Coimisiun Le Rinci Gaelacha guidelines.
25. **PLEASE NOTE** – Should you wish your child / children to be excluded from being photographed during their performance or throughout the event, this should be advised in advance. Updates will be posted on social media throughout the day, therefore it is imperative that feis organisers are advised of anyone who is to be omitted.
26. The Committee are not responsible for any property lost during the Feis and everyone is advised not to leave bags or clothing etc. unattended.
27. Smoking is not permitted anywhere in the venue or its grounds.
28. The SRC has a zero tolerance on the consumption of alcohol in all areas of feiseanna. Furthermore the consumption of alcohol on non-licensed premises is a breach of Scottish law and may be subject to prosecution by the appropriate authorities.

Solo & Premier Trophy Dances

	<i>Begin.</i>	<i>Primary</i>	<i>Inter.</i>	<i>Open</i>	<i>Premier Trophy</i>
Under 6	Reel Single Jig Light Jig Slip Jig Heavy Jig	Reel Single Jig Light Jig Slip Jig Heavy Jig Hornpipe	Reel Single Jig Light Jig Slip Jig Heavy Jig Hornpipe	Reel Single Jig Light Jig Slip Jig Heavy Jig Hornpipe	Reel Single Jig
Under 7	Reel Single Jig Light Jig Slip Jig Hornpipe Heavy Jig	Reel Single Jig Light Jig Slip Jig Heavy Jig Hornpipe	Reel Single Jig Light Jig Slip Jig Heavy Jig Hornpipe	Reel Single Jig Light Jig Slip Jig Heavy Jig Hornpipe	Reel Single Jig
Under 8	Reel Single Jig Light Jig Slip Jig Hornpipe Heavy Jig	Reel Single Jig Light Jig Slip Jig Heavy Jig Hornpipe	Reel Single Jig Light Jig Slip Jig Heavy Jig Hornpipe	Reel Single Jig Light Jig Slip Jig Heavy Jig Hornpipe	Reel Jig or Hornpipe
Under 9	Reel Single Jig Light Jig Slip Jig Hornpipe Heavy Jig	Reel Single Jig Light Jig Slip Jig Heavy Jig Hornpipe	Reel Single Jig Light Jig Slip Jig Heavy Jig Hornpipe	Reel Slip Jig Heavy Jig Hornpipe	Reel or Slip Jig Jig or Hornpipe
Under 10	Reel Single Jig Light Jig Slip Jig Hornpipe Heavy Jig	Reel Single Jig Light Jig Slip Jig Heavy Jig Hornpipe	Reel Single Jig Light Jig Slip Jig Heavy Jig Hornpipe	Reel Slip Jig Heavy Jig Hornpipe	Reel or Slip Jig Jig or Hornpipe
Under 11	Reel Single Jig Light Jig Slip Jig Hornpipe Heavy Jig	Reel Single Jig Light Jig Slip Jig Heavy Jig Hornpipe	Reel Single Jig Light Jig Slip Jig Heavy Jig Hornpipe	Reel Slip Jig Heavy Jig Hornpipe	Reel or Slip Jig Jig or Hornpipe
Under 12	Reel Single Jig Light Jig Slip Jig Hornpipe Heavy Jig	Reel Single Jig Light Jig Slip Jig Heavy Jig Hornpipe	Reel Single Jig Light Jig Slip Jig Heavy Jig Hornpipe	Reel Slip Jig Heavy Jig Hornpipe	Reel or Slip Jig Jig or Hornpipe

	<i>Begin.</i>	<i>Primary</i>	<i>Inter.</i>	<i>Open</i>	<i>Premier Trophy</i>
Under 13	Reel Single Jig Light Jig Slip Jig Hornpipe Heavy Jig	Reel Single Jig Light Jig Slip Jig Heavy Jig Hornpipe	Reel Single Jig Light Jig Slip Jig Heavy Jig Hornpipe	Reel Slip Jig Heavy Jig Hornpipe	Reel or Slip Jig Jig or Hornpipe
Over 13			Reel Single Jig Light Jig Slip Jig Heavy Jig Hornpipe	Reel Slip Jig Heavy Jig Hornpipe	
Under 14				Reel Slip Jig Heavy Jig Hornpipe Trad Set	Reel or Slip Jig Jig or Hornpipe
Under 15				Reel Slip Jig Heavy Jig Hornpipe	Reel or Slip Jig Jig or Hornpipe
Over 15			Reel Single Jig Light Jig Slip Jig Heavy Jig Hornpipe		
Under 16				Reel Slip Jig Heavy Jig Hornpipe	Reel or Slip Jig Jig or Hornpipe
Under 18				Reel Slip Jig Heavy Jig Hornpipe	Reel or Slip Jig Jig or Hornpipe
Over 18				Reel Slip Jig Heavy Jig Hornpipe	Reel or Slip Jig Jig or Hornpipe

NB Each Premier Trophy will be step along the line. Under 6 and Under 7 age groups will dance 32 bars in the reel and 40 bars in the single jig.