

THE SCOTTISH
NATIONAL
OIREACHTAS

20 20

IRISH DANCING CHAMPIONSHIPS

The Scottish Regional Council
presents

The Scottish National Oireachtas 2020

**Motherwell Civic Centre
Windmillhill Street
Motherwell
ML1 1AB**

Friday 26th, Saturday 27th & Sunday 28th June 2020

Registered with An Coimisiun le Rinci Gaelacha

The Scottish National Oireachtas 2020 is the Secondary Qualifying for Oireachtas Rince na Cruinne 2021 for dancers from Scotland, England, Wales, Mainland Europe, Russia, Asia, South Africa and the Middle East.

Entry Fees:

Solo Championships (U6-U9)	£40.00
Solo Championships (U10 Upwards)	£50.00
Ceili Championship (per dancer)	£10.00
Family Maximum	£100.00

Other Fees:

Adult (First Day attending)	£15.00
Adult (Subsequent Days with previous wrist band)	£10.00
Concession	£ 5.00
Children Up to the age of 15 accompanied by an adult	FREE
Souvenir Programme	£10.00

Moltóirí:

Ciara Lennon, ADCRG, Cúige Uladh, Ireland
Conleth Mullan, ADCRG, Cúige Uladh, Ireland
Marcus Maloney, ADCRG, Cúige Laighean, Ireland
Noreen McCutcheon, ADCRG, Ayrshire, Scotland
Peter Boylan, ADCRG, Cúige Uladh, Ireland
Rose Fearon, ADCRG, Toronto, Canada
Siobhan McDonnell, ADCRG, Cúige Chonnacht, Ireland
Tracey Taaffe Metcalfe, ADCRG, Cúige Uladh, Ireland
Ursula Moore, ADCRG, Cúige Uladh, Ireland

Ceoltóirí

Gary Currie, Gerry Conlon, Kevin Murphy,
Martin Daly, Seamus O'Sullivan, William Patterson

Closing Date for Receipt of Entries

Entries and fees must be finalised via www.instepfm.com by

Thursday, 30th April 2020

If paying via cheque, then these should be made payable to "*SRC Irish Dancing Commission*"

Late entries will be accepted up to **Thursday, 7th May 2020** at a special higher rate of double the normal entry fee, subject to a class maximum fee of £400 per class.

No Entries will be accepted after this date.

Fir & Buachaillí Craobhchomórtais sa Rince Aonair

MEN & BOYS SOLO DANCING CHAMPIONSHIPS

Com.	Craobhchomórtas (Championship)	(Round)	Rincí (Dances)	Blianta breithe (Year of birth)
1	Fir Sinsir os cionn 20 <i>Senior Men over 20</i>	1	Heavy Jig/Port Trom	1999 nó roimhe / or earlier
		2	Reel/Ríl	
		3	Any Open Set Dance	
2	Fir 19 – 20 <i>Men 19-20</i>	1	Hornpipe/Cornphíopa	2000
		2	Reel/Ríl	
		3	Any Open Set Dance	
3	Fir 18 – 19 <i>Men 18-19</i>	1	Heavy Jig/Port Trom	2001
		2	Reel/Ríl	
		3	Any Open Set Dance	
4	Fir 17 – 18 <i>Men 17-18</i>	1	Hornpipe/Cornphíopa	2002
		2	Reel/Ríl	
		3	Any Open Set Dance	
5	Fir 16 – 17 <i>Men 16-17</i>	1	Heavy Jig/Port Trom	2003
		2	Reel/Ríl	
		3	Any Open Set Dance	
6	Buachaillí 15 – 16 <i>Boys 15-16</i>	1	Hornpipe/Cornphíopa	2004
		2	Reel/Ríl	
		3	Any Open Set Dance	
7	Buachaillí 14 – 15 <i>Boys 14-15</i>	1	Heavy Jig/Port Trom	2005
		2	Reel/Ríl	
		3	Any Open Set Dance	
8	Buachaillí 13 – 14 <i>Boys 13-14</i>	1	Hornpipe/Cornphíopa	2006
		2	Reel/Ríl	
		3	Any Open Set Dance	
9	Buachaillí 12 – 13 <i>Boys 12-13</i>	1	Heavy Jig/Port Trom	2007
		2	Reel/Ríl	
		3	Any Open Set Dance	
10	Buachaillí 11 – 12 <i>Boys 12 - 13</i>	1	Hornpipe/Cornphíopa	2008
		2	Reel/Ríl	
		3	Any Open Set Dance	
11	Buachaillí 10 – 11 <i>Boys 11 - 12</i>	1	Heavy Jig/Port Trom	2009
		2	Reel/Ríl	
		3	Any Open Set Dance	
12	Buachaillí 9 – 10 <i>Boys 10 - 11</i>	1	Hornpipe/Cornphíopa	2010
		2	Reel/Ríl	
		3	Set Dance in 6/8 or 6/8 + 9/8 time	
13	Buachaillí 8 - 9 <i>Boys 8 - 9</i>	1	Heavy Jig/Port Trom	2011
		2	Reel/Ríl	
		3	Traditional Set Dance*/Rincí Traidisiúnta	

Mná & Cailíní Craobhchomórtais sa Rince Aonair

LADIES & GIRLS SOLO DANCING CHAMPIONSHIPS

Com.	Craobhchomórtas (Championship)	(Round)	Rincí (Dances)	Blianta breithe (Year of birth)
21	Mná Sinsir os cionn 22 <i>Senior Ladies over 22</i>	1	Heavy Jig/Port Trom	1997 nó roimhe/ or earlier
		2	Slip Jig/Port Luascach	
		3	Any Open Set Dance	
22	Mná 20 – 22 <i>Ladies 20-22</i>	1	Heavy Jig/Port Trom	1998 or 1999
		2	Slip Jig/Port Luascach	
		3	any Open set Dance	
23	Mná 19 - 20 <i>Ladies 19-20</i>	1	Hornpipe/Cornphíopa	2000
		2	Reel/Ríl	
		3	Any Open Set Dance	
24	Mná 18 - 19 <i>Ladies 18 - 19</i>	1	Heavy Jig/Port Trom	2001
		2	Slip Jig/Port Luascach	
		3	Any Open Set Dance	
25	Mná 17 - 18 <i>Ladies 17-18</i>	1	Hornpipe/Cornphíopa	2002
		2	Reel/Ríl	
		3	Any Open Set Dance	
26	Mná 16 – 17 <i>Ladies 16-17</i>	1	Heavy Jig/Port Trom	2003
		2	Slip Jig/Port Luascach	
		3	Any Open Set Dance	
27	Cailíní 15 – 16 <i>Girls 15-16</i>	1	Hornpipe/Cornphíopa	2004
		2	Reel/Ríl	
		3	Any Open Set Dance	
28	Cailíní 14 – 15 <i>Girls 14-15</i>	1	Heavy Jig/Port Trom	2005
		2	Slip Jig/Port Luascach	
		3	Any Open Set Dance	
29	Cailíní 13 – 14 <i>Girls 13-14</i>	1	Hornpipe/Cornphíopa	2006
		2	Reel/Ríl	
		3	Any Open Set Dance	
30	Cailíní 12 – 13 <i>Girls 13 - 14</i>	1	Heavy Jig/Port Trom	2007
		2	Slip Jig/Port Luascach	
		3	Any Open Set Dance	
31	Cailíní 11 – 12 <i>Girls 11-12</i>	1	Hornpipe/Cornphíopa	2008
		2	Reel/Ríl	
		3	Any Open set Dance	
32	Cailíní 10 – 11 <i>Girls 11 - 12</i>	1	Heavy Jig/Port Trom	2009
		2	Slip Jig/Port Luascach	
		3	Any Open Set Dance	
33	Cailíní 9 – 10 <i>Girls 10 - 11</i>	1	Hornpipe/Cornphíopa	2010
		2	Reel/Ríl	
		3	Set Dance in 6/8 or 6/8 + 9/8 time	

34	Cailíní 8 – 9 <i>Girls 8 - 9</i>	1	Heavy Jig/Port Trom	2011
		2	Reel/Ríl	
		3	Traditional Set Dance*/Rincí Traidisiúnta	

Comórtas Rince Aonaireach Mescatha

MIXED SOLO DANCING CHAMPIONSHIPS

Com.	Craobhchomórtas (Championship)	(Round)	Rincí (Dances)	Blianta breithe (Year of birth)
35	Mescatha 7 - 8 <i>Mixed 7 - 8</i>	1	Reel/Ríl	2012
		2	Heavy Jig/Port Trom	
		3	Hornpipe/Cornphíopa (1 step down the line)	
36	Mescatha 6 - 7 <i>Mixed 6 - 7</i>	1	Reel/Ríl	2013
		2	Single Jig/Port Singil	
		3	Light or Heavy Jig/Port Éadrom/Trom	
37	Mescatha Faoi 6 <i>Mixed Under 6</i>	1	Reel/Ríl	2014 or later
		2	Single Jig/Port Singil	
		3	Light Jig/Port Éadrom	

***Traditional Set Dances**

Traditional Set Dances may be selected from:

St Patrick's Day (Speed 94)	Job of Journeywork (Speed 138)	Garden of Daisies (Speed 138)
The Blackbird (Speed 144)	Jockey to the Fair (Speed 90)	King of the Fairies (Speed 130)
	Three Sea Captains (Speed 96)	

Number of Bars

Competitors in U10 - Senior age categories will be expected to dance 48 bars in Reels and Jigs and 40 bars in the Slip Jig and Hornpipe. U6 – U9 will dance 8 bars less. 40 bars will be required in Single and Light Jigs.

Speed of Music

In all solo championships (except U6 and U7 reels) the speeds of the musical accompaniment will be as follows:

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Reel – 113	Slip Jig – 113	Heavy Jig – 73	Hornpipe – 113	Single Jig – Trad	Light Jig - Trad
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(a maximum deviation of ± 1 point will be permitted).

N.B. In the U6 and U7 reels, the speed played will be 116.

Rincí Leithleacha Ceadaithe – Set-Dances Permitted

Only set dances included in the following list may be performed in competitions at the Oireachtas. Minimum metronomic speeds as outlined below must be adhered to.

Am 2/4 - 2/4 Time

Íoslúas - Minimum Speed

Bóthar An Lóiste / The Lodge Road	76
Glóir Rodney / Rodney's Glory	76
An Londubh / The Blackbird	76
Plancstaí Daibhéis / Planxty Davis	76
Rí na Síog / King of the Fairies	76
Titim Paris / The Downfall of Paris	76

Am 4/4 - 4/4 Time

Íoslúas - Minimum Speed

Aon agus Dó na Píobaireachta / Ace and Deuce of Piping	76
Cuan Eochaille / Youghal Harbour	76
Cúlú Bonaparte / Bonaparte's Retreat	76
An Fiach / The Hunt	76
Gairdín na Nóiníní / Garden of Daisies	76
An Greas Giúrnála / Job of Journeywork	76
Madame Bonaparte / Madame Bonaparte	76
An Píobaire / The Piper	76
Rásaí Chill Choinnigh / Kilkenny Races	76
An Réice Fáin / The Rambling Rake	76
An Súisín Bán / The White Blanket	76
Cladhaire na Súile Gorma / The Blue-Eyed Rascal	76
An Mangaire Fáin / The Roving Pedlar	76
Na Ceithre Máistrí / The Four Masters	76

Am 6/8 - 6/8 Time

Íoslúas - Minimum Speed

Na Trí Captéin Mara / The Three Sea Captains	66
Na Buachaillí Báire / The Hurling Boys	66
Cuimil An Mála / Rub the Bag	66
Cuir Thart An Crúsca / Hurry the Jug	66
An Gaeuger Meisceach / The Funny Tailor	66
An Maide Droighnéan / The Blackthorn Stick	66
Lá Fhéile Pádraig / St. Patrick's Day	66
An Marcach Chuig an Aonach / Jockey to the Fair	66
Plancstaí Drúirí / Planxty Drury	66
Pléaracha na Bandan / Humours of Bandon	66
An Rógaire Buí / The Orange Rogue	66
Rogha Iníon De Brún / Miss Brown's Fancy	66
Plancstaí Aodh Ó Domhnaill / Planxty Hugh O'Donnell	66
An Scéalaí / The Storyteller	66
An Bheidhleadóir ag an Crann Sí / The Fiddler Around The Fairy Tree	66
An Geag Síléaladh / The Sprig of Shillelagh	66
An Ceoltóir Fáin / The Wandering Musician	66
Loch an Rith Amach / The Vanishing Lake	66
Bean an Ghlantacháin / The Charlady	66

Am 6/8 + 9/8 - 6/8 + 9/8 Time

Íoslúas - Minimum Speed

Bhuil an Fear Mór Istigh? / Is the Big Man Within?	66
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Céilí Dancing Championships 2020

Sonraí na gComórtas – Details of Competitions

Comórtas 38

Minor Mixed Four Hand Céilí Dancing Championship 10-12
One four hand dance from Ár Rincí Céilí 2014

Part A or B

Comórtas 39

Junior Mixed Four Hand Céilí Dancing Championship 12-15
One four hand dance from Ár Rincí Céilí 2014

Part A or B

Comórtas 40

Senior Mixed Four Hand Céilí Dancing Championship Over 15
One four hand dance from Ár Rincí Céilí 2014

Part A or B

Comórtas 41

Sub Minor Girls Eight Hand Céilí Dancing Championship 7-10
One eight hand dance from Ár Rincí Céilí 2014

Part A

Comórtas 42

Minor Girls Eight Hand Céilí Dancing Championship 10-12
One eight hand dance from Ár Rincí Céilí 2014

Part A or B

Comórtas 43

Junior Girls Eight Hand Céilí Dancing Championship 12-15
One eight hand dance from Ár Rincí Céilí 2014

Part A or B

Comórtas 44

Senior Girls Eight Hand Céilí Dancing Championship 15-18
One eight hand dance from Ár Rincí Céilí 2014

Part A or B

Comórtas 45

Senior Ladies Eight Hand Céilí Dancing Championship Over 18
One eight hand dance from Ár Rincí Céilí 2014

Part A or B

Comórtas 46

Sub Minor Mixed Eight Hand Céilí Dancing Championship 7-10
One eight hand dance from Ár Rincí Céilí 2014

Part A or B

Comórtas 47

Minor Mixed Eight Hand Céilí Dancing Championship 10-12
One eight hand dance from Ár Rincí Céilí 2014

Part A or B

Comórtas 48

Junior Mixed Eight Hand Céilí Dancing Championship 12-15
One eight hand dance from Ár Rincí Céilí 2014

Part A or B

Comórtas 49

Senior Mixed Eight Hand Céilí Dancing Championship Over 15
One eight hand dance from Ár Rincí Céilí 2014

Part A or B

Ceili Dancing Championships 2020

For the purposes of the Oireachtas championship, Parts A and B of the stipulated dances (other than The Sweets of May, The Three Tunes, Gates of Derry and Lannigan's Ball) will be as follows:

Dance	Part A	Part B
Morris Reel	Lead Around, Body & 1st Figure (Tops only)	Lead Around, Body & 2 nd Figure (Tops only)
Cross Reel	Lead Around, Body & 1st Figure (Tops only)	Lead Around, Body & 2 nd Figure (Tops only)
8 Hand Reel	Lead Around, Body & 1st Figure (Tops only)	Lead Around, Body & 2 nd Figure (Tops only)
8 Hand Jig	Lead Around, Body & 1st Figure (Tops only)	Lead Around, Body & 2 nd Figure (Tops only)
Trip to the Cottage	Lead Around, Body & 1st Figure (1st Tops only)	Lead Around, Body & 2 nd Figure (Tops only)
High Caulead Cap	Lead Around, Body & 1st Figure (1st Tops only)	Lead Around, Body & 2 nd Figure (1 st Tops only)
St. Patrick's Day	Lead Around, Body & 1st Figure (Tops only)	Lead Around, Body & 2 nd Figure (Tops only)
Four Hand Reel	Lead Around, Body & 1 st Figure (Tops only)	Lead Around, Body & 2 nd Figure
Humours of Bandon	Lead Around, Body, 1 st Figure (Tops only), Body	Lead Around, Body, 2 nd Figure (Once only) Body

For the purposes of the Oireachtas, The Gates of Derry and Lannigan's Ball will be regarded as eight hand dances.

In the case of The Three Tunes, teams will perform the dance from the beginning up to and including the Hook and Chain. The Three Tunes will be accepted as either reel or jig time.

In the case of The Sweets of May, teams will perform the dance from the beginning up to and including the See Saw.

In the case of The Gates of Derry teams will perform the dance from the beginning up to and including the Swing Around of the 1st repeat of the dance.

In the case of Lannigan's Ball, teams will perform the full dance.

For the purposes of the Scottish National Oireachtas, a 'mixed' team means that there must minimum of four boys in an eight dance and two boys in a four hand dance.

Boys competing in a four hand Ceili Championships may not compete in any eight hand Ceili Championship either in their own age group or an older age group

A girl may compete in a girl's only céilí championship (competitions 41, 42, 43, 44, 45) even if she is a member of a team in a competition for mixed teams (competitions 46, 47, 48, 49), subject to age concessions in accordance with the syllabus for the Scottish National Oireachtas.

The names and dates of birth of all team members and details of underage dancers, if any, must be submitted with the entry and any later changes notified to the Regional Council.

A dancer must not be a member of more than one team in the same competition except in the case of an unforeseen emergency and then only with the permission of An Coimisiún or its designated representatives.

In the case of ceili dancing, where it is not specifically stated in Ar Rincí Ceili (or any amendments made via circular), where a movement is being performed by some dancers, others may dance or stand idle. Either is acceptable.

Age concessions in ceili team competitions

A team in a competition for céilí or figure dancing may include dancers who are under the minimum age limit stipulated for the competition subject to the following conditions which must be strictly adhered to.

1. A teacher may include a number of underage dancers not exceeding 50% of a céilí team or 50% of a figure team without seeking prior permission but must inform the Council, in writing, prior to the Oireachtas and furnish the names of the underage dancers. These dancers may also compete in a team in their own age-group in either a competition for mixed teams or a competition for girl's only teams. Alternatively, they can compete in both mixed teams and girl's only teams in a higher age group, but subject to rules 3, 4 and 5 below.
2. A teacher may include more than the 50% underage dancers in a céilí team or 50% in a figure team as stated above provided that: -
 - (a) The permission of the Council is obtained and the names and dates of birth of the under-age dancers furnished with the application.
 - (b) The number of underage dancers does not exceed 75% of the team i.e. 3 in a four hand and 6 in an eight hand.
 - (c) The underage dancers (up to the 75% maximum) may compete in both mixed teams and girls' only teams in the higher age-groups, but subject to rules 3 and 4 below.
 - (d) Where the number of underage dancers allowed dance in a higher age group exceeds 50% in céilí only 50% in céilí may also compete in teams in the lower age group.
3. **None of the above conditions will operate to permit a dancer to compete in a total of more than three céilí championships (Four Hand and/or Eight Hand) at the Oireachtas.**
4. **The absolute minimum age for dancers in team competitions is 7 years as at 1st January 2020.** Dancers aged 6 and younger will not be permitted to compete.
5. The Regional Council will only consider applications which fall within the above limits.
6. In Team Dancing the age of a competitor shall be taken as on 1st January 2020. Where a competitor's birthday falls on 1st January, he/she shall, for the purposes of the Oireachtas, be regarded as under the age attained on that day.
7. **A DANCER MAY ONLY COMPETE FOR ONE SCHOOL OF DANCING IN EITHER A SOLO CHAMPIONSHIP, TEAM CHAMPIONSHIPS OR BOTH.**

OTHER RULES

1. All rules of An Coimisiún le Rincí Gaelacha are applicable to this feis unless stipulated that an agreed local rule applies.
2. Entries will only be accepted directly from teachers registered with AN COIMISIÚN LE RINCÍ GAELACHA.
3. All entries must be made on line by the teacher. Entries will only be accepted from teachers en-bloc and not on an individual basis. **One cheque only per school, otherwise all entries from the school will be returned.**
4. The dancer's FULL FIRST NAME and SURNAME must be entered in BLOCK CAPITALS.
5. The Regional Council may modify or cancel any arrangements detailed in this syllabus as is deemed necessary, subject to the approval of the Scottish Regional Council or An Coimisiún le Rincí Gaelacha.
6. Adjudicators' decisions are final.
7. Adjudicators MUST NOT be approached by any teacher, parent or competitor whilst the adjudicators are employed to carry out their duties at the competition. Only those officiating at the competition may approach the adjudicators on matters relating to the competition.
8. Complaints can only be accepted if in writing and accompanied with a £30 fee to the Feis Secretary and should be submitted prior to the announcement of any result. The fee will be returned if the complaint is upheld.
9. Competitors must be present when their competition is called and fully obey all instructions and directions from Feis Stewards and Officials or they may lose their right to compete.
10. The organisers reserve the right to start any competition up to 30 minutes prior to the scheduled times. Competitions will not be held open.
11. The normal rotation of dances for the U6 – U8 competitions will be Reel then either Single Jig or Light or Heavy Jig. In the older age groups, the hard shoe round will be danced first.
12. Due to the size of the main stage **all** competitors will dance three at a time in the first two rounds.
13. Tempos for Solo Championships will be the same as those stipulated for the World Championships as noted below, except in the U6 and U7 reels. (refer to page 5)
 - Reel 113
 - Single Jig 124
 - Light Jig 116
 - Slip Jig 113
 - Heavy Jig 76
 - Hornpipe 113
14. Toe blocks or any other footwork danced "en-point" whether stationary or moving is not permitted for those dancers **up to and including the Under 12 age group**. (Per Rule 4.6.2 Rules for Registered Teachers & Adjudicators).

**For clarification purposes, this means that if the full weight is put on the foot, that is en point, which is not allowed in any movement. (Effective 27/01/2019 per rule 4.6.2 Rules for Registered Teachers & Adjudicators)*
15. All competitors must be in full costume and appropriate **black** dance footwear when receiving awards, otherwise such awards may be forfeited.
16. Changing facilities will be provided and must be used. NO CHANGING IN THE HALLS WILL BE ALLOWED.
17. Attendees must comply with the Make Up Rules 4.5 per CLRG Rule Book – 4.5.2 Make-up (including false eyelashes) is not permitted for dancers in either solo or team competitions, up to and including the Under 10 age group. For the purposes of this rule, the term "make-up" includes tinted moisturiser and any artificial tanning products. An Coimisiún le Rincí Gaelacha hopes that teachers and parents will interpret and apply this rule in the spirit it is intended. Effective 01/03/2014.
18. THE DRESS CODE IN ACCORDANCE WITH AN COIMISIÚN RULING WILL BE STRICTLY OBSERVED. i.e. for the sake of modesty and in the interest of safety to young people, dancers will not be permitted to walk around the feis scantily dressed.
19. Costume Length; Length of costumes must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to change into black tights (of a denier not less than 70 per cent) in order

for the dancer to continue in the competition. When wearing body suits with skirts (commonly known as black-out attire) tights (of a denier no less than 70 per cent) must be worn from the age of 14 and above. Effective date: 1st February 2020

20. Female adult dancers participating in competitions (both solo and teams) are required to wear opaque black tights of a denier not less than 70.
21. All mobile phones and electronic games must be placed on silent in the competition arenas.
22. Practise areas will be provided. Any dancer causing damage to any floor surface outwith this area will be liable for all costs associated for any repairs required.
23. The photography and videoing policy of An Coimisiún will be strictly observed, full details of which will be published in the official programme.

“Any form of unauthorised photography which has the capability to capture a dancer’s image whilst in motion, using electronic or manual means, e.g. mobile phone, standard camera, video camcorder, cine recorder, commercial film, with or without flash enhancement, is expressly forbidden in competition”.
24. The organisers may appoint an official photographer for the National Oireachtas 2020, who will take photographs of competitors, competitions and presentations. Such photographs may be subsequently used for marketing and promotional purposes of the event.
25. The organisers may also appoint other personnel during the course of the Championships for special promotional projects and reserves the right to appoint suitably accredited photo-journalists to take photographs on a case by case basis. Should any dancer or dancer’s parent or guardian wish to be excluded from any of these photographs, then the Chairman or Secretary of the the Championships should be informed prior to the event commencing.
26. Other than the photographs taken by the official photographer, authorised agents of the organisers or accredited photo journalists, all photographs of competitors, competitions and presentations may only be taken for personal use. They may not be redistributed, sold, lent or passed on to third parties. They may also not be used for commercial purposes or used in any publication or website without the express written permission of the organisers and the parents or guardians dancers included therein.
27. Preliminary competitions are included from Under 10 upwards, provided there are 2 or more eligible competitors. In accordance with Scottish Regional Council rules, to be considered as eligible to compete in a Preliminary Championship, dancers:-
 - a. Cannot have been placed in a top 3 position in an Open Championship within the last 12 months,
 - b. Cannot have won a Preliminary Championships within the last 12 months irrespective of the number of competitors,
 - c. Competitors cannot have qualified for Oireachtas Rince na Cruinne in any eligible event in the previous rolling 12 months. (Next in line qualifiers are excluded from this rule where local adjudicators are chosen to judge the World Championships).
 - d. A Preliminary Championship is a competition which has been judged by a panel of three adjudicators (minimum) and which must have included at least one light and one heavy round.
28. Preliminary Championships will be held in conjunction with the Solo Championships and will be decided in accordance with the order of merit after the first two rounds.
29. **IMPORTANT** All competitors will be asked to confirm and sign for their eligibility to compete in a Preliminary Championships when collecting their entry number. This list will then be used to announce the Preliminary Championship result. No changes to this list will be allowed after the commencement of the relevant Championship. **PLEASE ENSURE THAT DANCERS ARE FULLY AWARE AS TO WHETHER OR NOT THEY ARE ENTITLED TO COMPETE IN THE PRELIMINARY CHAMPIONSHIP.**
30. **Coaching is strictly prohibited whilst dancers are on stage, during any competition.** This rule has specifically been laid down by The SRC. Failure to comply with this could result in disqualification of the dancer.
31. Only competitors dancing in the Championship will be allowed back stage at any time.

32. The consumption of alcohol in the competition hall is strictly prohibited and will be enforced. Alcohol may only be consumed in designated areas.
33. Smoking is not permitted anywhere within the venue.
34. The organisers retain the right to refuse admission to anyone in breach of any rule or where they believe there is a risk to any individual.
35. The Regional Council is not responsible for property lost or damaged during the event and everyone is strongly advised not to leave bags, clothing or personal items unattended at any time. All personal property is the sole responsibility of the owner.